

Haka Dance Activities

1. Try this activity with a friend or family member. How well can you remember the haka steps? Stand facing your friend or family member and teach them the steps.



2. Play this activity with a friend or family member. Number yourselves 1 and 2. Number 1 performs a movement, number 2 then copies this immediately after. Meanwhile number 1 has performed another movement, which number 2 then copies and so on. Then swap roles.



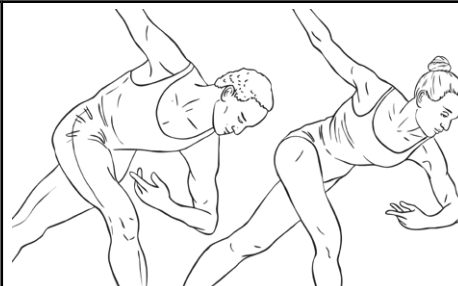
3. Play this activity with friends or family members. It works best with between two and six players. Each player takes it in turn to produce a haka-style movement to represent a sport of their choice. The other players try to guess which sport they are representing. The player who guesses correctly first then has a turn. Repeat.



4. Look up the English translation of the Kapa O Pango haka. Create a haka-style dance to show what the words mean. Remember to be a fierce warrior!



5. Teach a family member or a friend your version of the haka. Can you make sure you both perform it in perfect unison?



6. Can you create your own dance linked to the topic of warriors? Once you have created it, try teaching it to a friend or family member.

