

## Swimming 2022

As previously mentioned, we have been watching the weather carefully in order to choose a good time to start our swimming season. We have decided to start the week of Tuesday 3<sup>rd</sup> May, Monday is a bank holiday and school is closed. Classes who normally swim on a Monday will have their lesson added onto the end of the term. Please check the website for the previous letter explaining kit required and the swimming Health and Safety points, the letter was also emailed. However, the main rules are:

- \* All children will wear a hat in the water, named please. **These can be bought from the office for £2.00. Please send the money in a named envelope**
- \* Girls should wear a **one piece suit** and boys should wear **trunks/shorts that come no longer than mid thigh not knee length Bermuda style. Without the correct kit, they will not be able to swim.**
- \* **All pupils will need a named towel in a named swimming bag and a pair of flip-flops or crocs to wear pool side. This is essential as sometimes children need to walk to/from the classroom or go to the toilet and need suitable footwear**
- \* No jewellery will be worn in the pool. This includes all forms of earrings. If children are unable to remove their earrings, they will **not** be allowed to swim. Please do not have children's ears pierced this term as this is effectively an open wound and they will not be allowed to swim. It might be helpful if they do not wear earrings on swimming days. Please cover the Sikh bangle with a sweatband as they do for P.E.
- \* Children with verrucas must have them covered with either nail varnish or 'Bazooka' by a parent/carer, or they will not be allowed to swim.
- \* Asthmatic children must have an inhaler in school so that it can be kept at poolside.
- \* Children will be expected to swim unless a note comes in from home explaining why they are not doing so.
- \* If your child has been suffering from diarrhoea or vomiting within 48 hours of them swimming they **must not** swim. Can you please let their class teacher know via a note.
- \* Children who are not swimming will be set appropriate work related to the PE curriculum
- \* Please **do not** send your child with any creams, talcum powder or spray deodorants to apply before or after swimming as this can cause a Health and Safety issue.
- \* The class winning the "Class of the Week" award will receive an extra swim.

Please complete the competency slip for your child and also keep hold of the timetable for your information. Please be aware that any changes to swimming will be communicated by email and/or a sticker.