

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

● **RBWM Silver** **Menu** **Autumn 2019**

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 2 nd Sept 23 rd Sept 14 th Oct 11 th Nov 2 nd Dec	Main	Pork Sausage in a Hot Dog Roll with Potato Wedges	Macaroni Cheese served with Garlic Slice	Roast Chicken and Stuffing with Roast Potatoes and Gravy	Chicken & Tomato Pasta Bake	MSC Fish Fingers/ Salmon Fishfingers with Chips
	Vegetarian	Vegetarian Sausage in a Hot Dog Roll with Potato Wedges Sweetcorn Coleslaw	Five Bean Chilli with Rice Green Beans Carrots	Vegetarian Loaf with Roast Potatoes and Gravy Cauliflower Broccoli	Vegetarian Cottage Pie with Gravy Roasted Mixed Vegetables	Cheese and Onion Quiche with Chips Baked Beans Peas
	Dessert	Orange Drizzle Cake	Carrot and Courgette Cake with Custard	Fruit & Ice Cream	Apple Crumble with Custard	Oaty Cookie Fruit and Yoghurt Station
Week 2 9 th Sept 30 th Sept 21 st Oct 18 th Nov 9 th Dec	Main	Cheese and Tomato Pizza with New Potatoes	Cottage Pie with Gravy	Roast Pork with Roasted New Potatoes and Gravy	Chicken Casserole with Rice	MSC Breaded Fish with Chips
	Vegetarian	Vegetable Casserole with Couscous Peppers Green Beans	Vegetarian Spaghetti Bolognese Peas Cauliflower	Vegetarian Fillet with Roasted New Potatoes and Gravy Cabbage Carrots	Lentil and Sweet Potato Curry with Rice Sweetcorn Baked Tomatoes	Red Pepper and Cheese Omelette Baked Beans Peas
	Dessert	Pear Crumble with Custard	Chocolate Shortbread	Apple Flapjack	Eves Pudding with Custard	Lemon Drizzle Cake Fruit and Yoghurt Station
Week 3 16 th Sept 7 th Oct 4 th Nov 25 th Nov 16 th Dec	Main	Spaghetti Bolognese	Chicken Tikka Masala with Rice	Roast Turkey with Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fish in Batter with Chips
	Vegetarian	Veggie Burger with New Potatoes Peas Carrots	Vegetarian Pasta Bake Sweetcorn Broccoli	Vegetarian Wellington with Roast Potatoes and Gravy Fresh Mixed Seasonal Vegetables	Roasted Cauliflower Curry with Rice Tomato and Onion Salad Green Beans	Vegetable Wraps with Chips Baked Beans Peas
	Dessert	Banana Loaf with Custard	Rice Pudding with Mixed Berries	Apple, Cheese and Biscuits	Chocolate and Mandarin Sponge with Chocolate Sauce	Iced Sponge Fruit and Yoghurt Station



Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection