Real PE@Home: Live from Monday 30th March:

The website address is: home.jasmineactive.com

Parent email: parent@wraysburyp-1.com

Password: wraysburyp

real PE at home – online learning resources

real PE at home includes an online programme which supports families to be active, play and learn together. It includes a programme specifically for children in Early Years and Key Stage 1 with 12 themes, 6 areas, over 250 activities and challenges and 1000s of hours of fun and activity. This programme is also great for family play and fun.

It also includes a programme for children in Key Stage 2, with daily and weekly guidance provided for both programmes (starting from next week) in addition to an option to choose your own themes and activities.

There are so many benefits to being active, not only to our physical wellbeing but also to our emotional and mental health, especially in such testing times for all of us. We hope that the ideas help support you and your family to stay fit and healthy in the coming months.

National Literacy Trust – Family Zone

https://literacytrust.org.uk/familyzone/?utm_source=National+Literacy+Trust&utm_campaign=8f45ee3339-EMAIL_CAMPAIGN_2019_05_02_09_22_COPY_01&utm_medium=email&utm_term=0_2ac9ac18ec-8f45ee3339-45501969&mc_cid=8f45ee3339&mc_eid=a88da9eafe

<u>KS1</u>

Oxford Owl: https://www.oxfordowl.co.uk/

Maths and Phonics Songs: <u>www.youtube.com/user/JackHartmann</u>

ICT games (Literacy and Maths) : <u>https://www.ictgames.com/</u>

Top Marks (a range of subjects): https://www.topmarks.co.uk/

Phonics Play- practise Phase 3, Tricky Words and Phase 5

(register as a parent) : <u>https://www.phonicsplay.co.uk/</u>

Youtube Little Learners (a range of educational Phonics videos) : https://www.youtube.com/channel/UCraBbapvgSgtvV9 pJ9000Q

National Geographic Kids (activities and quizzes for younger children) www.natgeokids.com/uk

Tree Tools for Schools (Science based activities): http://www.treetoolsforschools.org.uk/categorymenu/?cat=activities

Creative Art and Craft ideas. www.theimaginationtree.com

Storytime online: https://www.storylineonline.net/

Subscribe for free to Joe Wicks' Youtube channel for a daily workout designed specifically for school children. It goes live at 9am every morning: <u>https://www.youtube.com/user/thebodycoach1</u>

KS2 – Lower Juniors

https://www.doodlemaths.com/

https://www.timestables.co.uk/

Classroom secrets:

- Click on the year group of your child to find lots of home learning activities
- If you know your child struggles try a lower year group to build their confidence. <u>https://classroomsecrets.co.uk/free-home-learning-packs/</u>

https://www.bbc.co.uk/newsround

https://www.gonoodle.com/

https://www.youtube.com/user/CosmicKidsYoga

https://www.educationguizzes.com/ks2/

https://www.topmarks.co.uk/

Joe Wicks 5 mins fitness videos for kids Eg:

https://www.bing.com/videos/search?q=joe+wicks+for+kids&&view=detail&mid=DA0826B

17AA3565B36FBDA0826B17AA3565B36FB&&FORM=VRDGAR&ru=%2Fvideos%2Fsearch%3F

g%3Djoe%2520wicks%2520for%2520kids%26qs%3Dn%26form%3DQBVR%26sp%3D-

1%26pq%3Djoe%2520wicks%2520for%2520kids%26sc%3D4-

<u>18%26sk%3D%26cvid%3D29C5A379221C443695B70175E7A8B775</u>

Step by step instructions of how to draw things

https://www.activityvillage.co.uk/learn-to-draw

https://www.storylineonline.net/

KS2 – Upper Juniors

Geography games

https://world-geography-games.com/

Blue Peter Badges

https://www.bbc.co.uk/cbbc/joinin/about-blue-peter-badges

Big History Project

https://www.bighistoryproject.com/home

Scratch (show off your coding skills)

https://scratch.mit.edu/

National Geographic Kids

https://www.natgeokids.com/uk/

Duolingo (continue to learn Spanish)

https://www.duolingo.com/

Mystery Science

https://mysteryscience.com/

Author and Illustrator, Jarrett Lerner, shares fun activities for you to try out at home

https://jarrettlerner.com/activities/

Go Noodle (Can you do this daily?)

https://www.gonoodle.com/