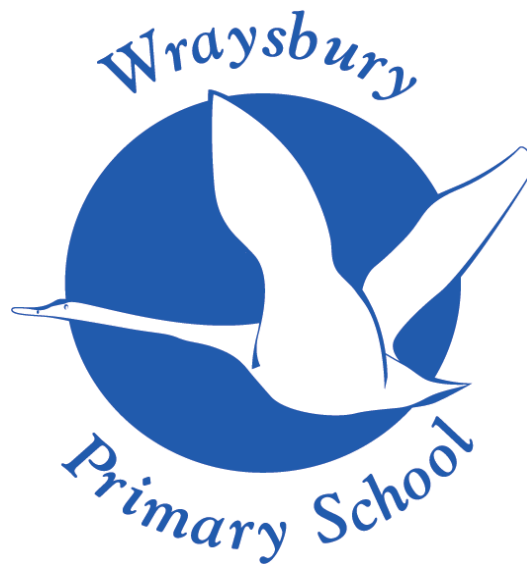


P.E. School Sport and Physical Activity Review of the Year 2018



**No Limits
To Learning!**

Produced By:
Date:

Myles Gresswell
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P.E. and School Sport 2017-2018

Once again, P.E. and School Sport have played a huge part in the school's timetable throughout the whole year. This year more children have had different opportunities to develop and use their sports' skills, and we have begun to look in a new direction in order to improve our overall wellbeing and physical fitness by incorporating Yoga into our school curriculum.

Our subscription to the Windsor School Sport Partnership has had a huge impact on the opportunities we have been able to give the children. Mark, Graeme, Will and Chantal have helped every year group across the school through The Partnership's events and activities.

Below are just some of the highlights of the year.

Way back in September our Year 6 Sports' Ambassadors and House Captains were elected or interviewed and were sent on a day's training at Windsor Boys' School. They have then used the skills and experiences to help run National Fitness Day in September, and The Sport Relief Run in March.

Year 6 were also treated to some Mindfulness sessions in April and early May – this was again provided by the School Sport Partnership, and was used to give the children some relaxation techniques that they could use, not only in the lead up to their SATs examinations, but also as they go through the rest of their lives.

As a result of their Dance coaching in the Autumn term, some Y1's spent the last day of the Spring term at The Windsor Boy's School taking part in the Windsor School's Dance Festival. Well done to all the children who took part, not only for the Festival, but for all the rehearsing beforehand.

Graeme, Mark and Will have come into P.E. lessons across the year, coaching alongside the class teachers. They have delivered coaching in Dance, Gym, Rugby and Leadership, as well as helping us to deliver our Intra House competitions in Football, Scatterball, Benchball, Cricket and Rounders.

Our competition calendar has been very full throughout the year. Every year group have taken part in an Intra House Sporting Competition, be it Scatter Ball or Cricket. A massive CONGRATULATIONS goes to **Fire**, who have won the House Cup with a huge **3103** points which they have gained throughout all the Intra House Competitions and both of the Sports Days this summer term.

As you will see from the table below we have been fortunate to represent all the Windsor Schools at both the Winter **and** Summer Berkshire School Games. Our Year 5 and 6 Tag Rugby team were selected following their superb performance, conduct and attitude when they took part in the Windsor Tournament. We also had 4 children represent Windsor in the Orange Tennis Competition at the end of June. Well done and congratulations to all children who have represented Wraysbury so well!

Competition	Year Groups	Number of children	Result
Football	Year 5/6	20	Wraysbury A = 2 nd Wraysbury B = 11 th
Benchball Qualifiers	Year 3/4	20	Wraysbury A = outside top 6 Wraysbury B = 2 nd Qualifying for the Windsor Finals
Dodgeball	Year 5/6	38	Wraysbury A = 5 th Wraysbury B = 8 th Wraysbury C = 6 th

			Wraysbury D = 9 th
Benchball Finals	Year 4	10	Wraysbury 1 st Place – Windsor Champions!
Tag Rugby	Year 4	10	Competitive Festival so no placing awarded
Tag Rugby	Year 6	8	Competitive Festival so no placing awarded but selected for Berkshire School Games
Gymnastics	Year 3	12	Wraysbury A = 4 th Wraysbury B = 7 th
Gymnastics	Year 5	12	Wraysbury A and B both outside the top 3
Berkshire School Winter Games-Tag Rugby	Year 6	10	Competitive Festival so no placing awarded
Netball	Year 3/4	14	Wraysbury A = 2 nd Wraysbury B = 5 th
Berkshire School Summer Games - Tennis	Year 6	4	Wraysbury Representing Windsor = 7 th
Football Friendly Against Datchet-St-Mary's	Year 5/6	15	Wraysbury Won

In the summer term, we were very pleased to be able to open up our new Outdoor Gym equipment. We have been able to fund this through additional Government funding that is given to schools in order to promote physical activity, wellbeing and P.E. We are so pleased with how much use it is getting, every break time and lunch time there are children using the equipment, whilst socialising. Teachers are also planning it into their P.E. lessons in order to help develop muscle strength and fitness. Also this summer, the Daily Mile has taken off in great style! At different times throughout the morning (provided that it is not too warm!) different year groups are taking part in walking or running around parts of the school grounds. As well as the obvious fitness benefits this gives the children, it also is helping them to focus more in lessons after they have completed their mile. The adults also all take part, which is doing them wonders as well. We have plans to develop this next year, so keep an eye out!

And finally... as you may have seen from our Twitter Feed (@wraysburyschool) we were notified earlier on this week that for the 3rd consecutive year we have been awarded the School Games Silver Award for our commitment to P.E. and Competitive School Sport. Well done to everyone who has helped us to achieve this once again!

