

ONE**TWO****THREE****AVAILABLE EVERY DAY...**31 Dec, 21 Jan,
11 Feb, 11 March, 1 Apr7 Jan, 28 Jan,
25 Feb, 18 Mar14 Jan, 4 Feb,
4 Mar, 25 Mar

Sweet & Sour Chicken with Noodles
Vegetable Wholemeal Pasta Bake

Sweetcorn & Green Beans

Apple & Sultana Sponge with Custard,
Natural Flavoured Yoghurt / Fresh Fruit

Spaghetti Bolognese & Garlic Slice
Wholemeal Spinach & Tomato Quiche
with New Potatoes

Sliced Carrots & Peas

Pear Crumble & Ice Cream
Natural Flavoured Yoghurt / Fresh Fruit

Roast Pork with Roast Potatoes & Gravy
Quorn Roast with Roast Potatoes
& Gravy

Cauliflower & Swede

Oaty Cookie
Natural Flavoured Yoghurt / Fresh Fruit

Chilli Con Carne with Rice
Soya Mince & Vegetable Stir Fry
with Noodles

Sweetcorn & Mixed Peppers

Pineapple Upside Down Cake
with Custard

Natural Flavoured Yoghurt / Fresh Fruit

**MSC Breaded Fish with Chipped
Potatoes & Tomato Sauce**

**Glamorgan Sausage with
Chipped Potatoes**

Baked Beans & Garden Peas

Short Bread Biscuit
Yoghurt & Fruit Station

**Hot Dogs with Homemade Tomato
Sauce & Homemade Jacket Wedges**
Quorn Mince Vegetarian Chilli
with Rice

Sweetcorn & Peas

Chocolate Shortbread
Natural Flavoured Yoghurt / Fresh Fruit

**Chicken & Sweetcorn Puff Pastry Pie
with New Potatoes & Gravy**
Lentil & Vegetable Curry with Rice

Broccoli & Diced Swede

Banana Sponge & Custard
Natural Flavoured Yoghurt / Fresh Fruit

**Roast Turkey with Roast Potatoes
& Gravy**
Cheese & Pepper Whirl
with Roast Potatoes

Sliced Carrots & Green Beans

Apple, Cheese & Biscuits
Natural Flavoured Yoghurt
/ Fresh Fruit

Beef Lasagne with Garlic Slice
Quorn & Mixed Bean Cassoulet
with Mashed Potato

Peppers & Sweetcorn

**Wholemeal Mixed Fruit Crumble
& Custard**
Natural Flavoured Yoghurt / Fresh Fruit

**MSC Battered Fish with Chipped
Potatoes & Tomato Sauce**

**Cheese Tomato & Spinach Frittata
with Chipped Potatoes**

Baked Beans & Garden Peas

Apple Flap Jack
Yoghurt & Fruit Station

**Wholemeal BBQ Chicken Pizza
with Potato Wedges**
Quorn Sausages in a Hot Dog Roll
with Potato Wedges

Sweetcorn & Diced Peppers

Oaty Peach Crumble & Custard,
Natural Flavoured Yoghurt / Fresh Fruit

**Beef & Vegetable Hotpot
with Sliced Potatoes**
Macaroni Cheese

Broccoli & Carrots

Lemon & Mixed Berry Cake
Natural Flavoured Yoghurt / Fresh Fruit

**Roast Chicken & Stuffing with Roast
Potatoes & Gravy**
Spiced Vegetable, Chickpea & Soya
Pattie with Roast Potatoes & Gravy

Shredded Cabbage & Peas

Mandarins & Ice Cream
Natural Flavoured Yoghurt / Fresh Fruit

**Meat Balls in Tomato
& Herb Sauce served with Rice**
Vegetable & Apricot Tagine
with Couscous

Roasted Vegetable & Medley

Chocolate & Mandarin Brownie
Natural Flavoured Yoghurt / Fresh Fruit

**MSC Salmon Fish Fingers/Cod Fish
Fingers with Chipped Potatoes &
Tomato sauce**

**Wholemeal Cheese & Tomato Pizza
with Chipped Potatoes**

Baked Beans & Garden Peas

Iced Drizzle Sponge
Yoghurt & Fruit Station

Bread
freshly baked on site daily

Daily salad selection
there will be a selection of salad
items available daily

**Fresh Fruit &
Yoghurt**
available daily

**WE USE LOCALLY
SOURCED INGREDIENTS
WHEN AVAILABLE
AND IN SEASON**

All our menus are
nutritionally analysed to
ensure they meet and in
most cases exceed
The School Food Standards
We hope your child enjoys
our new menus.

Menus could be subject to
local change, please check
your child's school for any
bespoke changes.

V Vegetarian option

 Oily fish

 Marine Stewardship
Council details
Web: www.msc.org
Chain of Custody
Registration Code
MML - C 1009

MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY

WHAT'S FOR LUNCH THIS SPRING...

caterlink
feeding the imagination



**Caterlink is an award
winning food service
provider catering for
primary schools.**



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Assured Eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.mycaterlink.co.uk/rbwm
email: info@caterlinktd.co.uk
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**. We hope your child enjoys our new menus.

www.mycaterlink.co.uk/rbwm

Please visit the website for current updates

FRESH
+
HEALTHY
=
TASTY



Universal infant Free School Meals

Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of income. However you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

Free School Meals

Low Income - Are you missing out? to check if you are entitled to Free School Meal entitlement ask at your school office.

ALLERGY INFORMATION:

If your child has an allergy or intolerance please speak to your child's school or the Cook Manager on site for information.

Forms available through our website or via the school.

