



# **Bikeability Level 2 and 3 Summer Courses Booking now**

24<sup>th</sup> and 25<sup>th</sup> July  
Maidenhead Rugby Club  
Braywick Park.  
SL6 1BN

Due to high demand

**MORE DATES ADDED – 1<sup>st</sup> & 2<sup>nd</sup>, and 19<sup>th</sup> & 20<sup>th</sup> August.**

## **Level 2 Bikeability**

If your child is aged between 8 and 11yrs old and missed out on the course at school or did not achieve the Level 2 standard, then this course is a chance to reach that goal.

The course will take 8 hours over two days to complete. The first part of the course will cover Level 1 skills to ensure your child is prepared for the on-road Cycle Training.

If your child is assessed as Level 1 or below, they will be unable to continue to the on-road Cycle Training to gain Level 2.

The cost is £5.00 per child.

## **Level 3 Bikeability**

If your Child is aged between 11 and 14 yrs old, achieved Level 2 and would like to progress to Level 3, then this is their chance to reach that goal. This course takes two hours to complete. All participants must have achieved Level 2 Bikeability Training to attend. The four main elements for Level 3 are:

- Plan a Journey
- Maintain a suitable riding position
- Cooperate and respect other road users
- Ride Assertively

The cost is £5.00 per child.



Go to [www.cycleexperience.com](http://www.cycleexperience.com) and click on:  
For children and Schools –  
Select Book Holiday Course  
Bikeability Level 2 OR Holiday



[www.rbwm.gov.uk](http://www.rbwm.gov.uk)

